



*Mentoring Institute*



# MENTORING & COACHING MONTHLY

SPECIAL MENTORING CONFERENCE EDITION

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## THIS MONTH IN MENTORING & COACHING MONTHLY

Now that the 2014 Mentoring Conference has passed, we can step back and reflect. Overall, the conference was a huge success, and the entire event ran steadily and according to plan. The pre-conference workshops were well-received, and the keynote presentations were well-attended. With close to 700 participants we were very pleased with the dialogue, networking and communication amongst participants. We're already planning for an even greater number of participants at next year's conference!

In this edition of *Mentoring & Coaching Monthly*, you'll find highlights from the conference, photos from the sessions, and much more...



# ABOUT Us:

## THE MENTORING INSTITUTE

The Mentoring Institute develops, coordinates and integrates research and training activities in mentoring best practices at the University of New Mexico (UNM). Through the application of instructional design standards, the Mentoring Institute provides training and certification services for a diverse array of staff, faculty and students, in a centralized effort to recruit, train and develop qualified mentors for the University, the City of Albuquerque and the greater New Mexico community.

The Mentoring Institute does not replace or direct existing mentoring programs. Rather, it provides a variety of services to these programs. The Mentoring Institute aims to build up current mentoring program and enhance the culture of mentoring within the University, and the state it serves.

The Mentoring Institute assists in stimulating and promoting a mentoring culture within the community. By encouraging the matriculation and graduation of students as well as the retention of faculty and staff at the University of New Mexico, the Institute contributes to the development and economic growth of New Mexico

## DIRECTOR & EXECUTIVE EDITOR

Nora Dominguez

## MANAGING EDITORS

Emily Wright  
Yvonne Gandert

## DESIGN

Yvonne Gandert  
Emily Wright

## LINKS TO SOCIAL MEDIA

Facebook	Pinterest
Instagram	Google+
Twitter	LinkedIn

## EMAIL

emilyardella@unm.edu

## WEBSITE

mentor.unm.edu

## EVENTS

*Our list of mentoring and coaching related events:*

### • 21st Annual European Mentoring and Coaching (EMCC) Conference

📅 November 20-22  
📍 Venice, Italy  
👤 Brendan Hall, Michael Gelb, Fons Trompenaars.

*Hosted by the European Mentoring & Coaching Council, this conference has 3 keynote speakers, over 30 session speakers, and a Pre-conference Masterclass.*

### • 2015 International Mentoring Association Conference

📅 April 22-24, 2015  
📍 Phoenix-Gilbert, Arizona  
👤 Laura Capello, Laura Gail Lunsford, Robin Milne

*Mark your calendars to join us for the International Mentoring Association Conference. Our theme "Best Practices in Mentoring: Tools & Strategies for Success" offers opportunities for you to share tips, tools, and ideas that have worked best for you and your organization, to learn effective tools and strategies from others, and to build your mentoring network.*

### • SIAST Inter-Professional Mentorship Conference

📅 May 24-26, 2015  
📍 Regina, Saskatchewan  
👤 Ann Rolfe, Keith Walker

*Join professionals from business, industry and education in this three-day event focused on exploring mentorship opportunity and developing effective mentorship programs within your organization. Conference highlights include: an international keynote speaker, local mentorship champions, and opportunity to network and share mentoring experiences.*

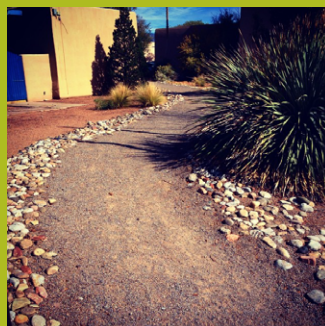


## LAST MONTH IN PHOTOS

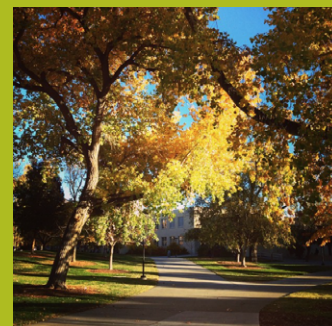
*Photos taken around UNM, from our Instagram feed @UNMentoring*



Blue skies and fall trees on UNM's campus.



A stone path by the Mentoring Institute



The leaves are finally changing on campus.



## 2014 Mentoring Conference in Review

The 2014 conference may be over, but we are still hard at work at the Mentoring Institute. We are currently reviewing the session evaluations, calculating demographics, and preparing for the new year. Overall, the assessments are very positive, and we are very grateful for your willingness to provide feedback. With your feedback, we can identify what works and what needs improvement for the next year.

We were very pleased with the launch of the MI Conference App, we had some great engagement, favorable outcomes, and reduced the number of paper evaluations required to support the conference! Don't forget that you can still use the App for the next year to communicate with other attendees.

Check out the next few pages to see some great snapshots from the conference. Additionally, in the next few months we will be selecting quotes from the 2014 Conference Proceedings that communicate a concept, or idea that is well-aligned with the 2014 conference theme, *"Developmental Networks: Mentoring & Coaching at Work."* Keep an eye on our Social Media pages for these excerpts!

## MI Membership Site What You Need to Know

Our membership site will be ready to launch by September 1st. Members will receive multiple benefits including:

- **Access to 400+ research papers** on a range of subjects pertaining to mentoring. Articles
- **The Chronicle of Mentoring & Coaching**, a bi-monthly academic publication that includes bios and interviews from leaders in the field, mentoring tips, book reviews, literature reviews and more!
- **A discussions area for networking!** Create discussions, threads, and comment on other member's posts. An opportunity to connect and create dialogue with mentors and mentees all over the world!
- **Access to Conference videos.** Over the next few years, we will be releasing select video footage from the keynote and plenary sessions at the conference.
- **Opportunities for publishing.** In the next year, we will be providing publishing opportunities for our members. Stay tuned for more information coming soon!
- A \$100 Discount on the Mentoring Conference Registration Fee.

## FOR THE MEMBERSHIP SITE

- **Membership Site Launch Date:** Spring 2015

## QUOTES

*"Trust in dreams, for in them is hidden the gate to eternity."*

- KHALIL GIBRAN

*"To be trusted is a greater compliment than being loved."*

-GEORGE MACDONALD

*"Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."*

-THOMAS JEFFERSON

*"All our dreams can come true, if we have the courage to pursue them."*

-WALT DISNEY

*"Perserverance is not a long race; it is many short races one after the other."*

-WALTER ELLIOT







## 2014 CONFERENCE PHOTOS







## IN THE NEWS

This month's selection of news articles relating to mentoring.

**The Pharmaceutical Journal:**  
[Making Mentoring Meaningful](#)

**Yale Daily News:**  
[Tight-Knit Community, Mentoring Attract Engineering Faculty](#)

**Entrepreneur:**  
[The Many Benefits of Mentoring Vets Entering the Business World](#)

**Forbes:**  
[Reverse Mentors: How Women Can Help Each Other](#)



# THANK YOU FOR A GREAT 2014 CONFERENCE!



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## MENTORING TIPS

We regularly post mentoring tips on our website. Here are some of the tips from last month:

Some days just feel awful. If you've found yourself with a case of the Monday Blues take a minute for yourself. Turn off all distractions, close your eyes, and picture yourself succeeding. Whatever is causing you to struggle can be conquered if you can see yourself succeeding.

When you find yourself in a difficult place, remember that your attitude concerning your situation is critical to success. Those who face each problem with a positive attitude are much more likely to succeed. On the other hand, those who face problems with a negative attitude are more likely to get in their own way, stopping themselves before they can truly begin. Discuss your attitude with your mentor. How can you improve?

A good mentoring relationship is built upon mutual trust and respect. Although instantaneous trust would be nice, it often takes time for a strong relationship with mutual trust and respect to develop. Be patient with your partner, and good things will come.





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