In This Issue.

Thank you for tuning into the January 2019 Issue of Mentoring & Coaching Monthly. At the Mentoring Institute, we are very excited to welcome in the new year, and celebrate #NationalMentoringMonth!

This issue starts out with an overview of National Mentoring Month, important dates, campaign goals, and provides resources that you can use for your own program. We have collected a number of events, podcasts, and news articles from around the web that celebrate National Mentoring Month, and there are links to these throughout the issue.

The issue includes an article on mentoring trends in 2019, some inspirational quotes focused on mentoring, and I share the best advice that I have received as a mentee.

Happy Mentoring Month and don’t forget to thank your mentor(s) for the ways that they have helped you to grow!

“The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves.”
— Steven Spielberg

Letter from the Editor.

Happy New Year and welcome back to Mentoring & Coaching Monthly! The New Year is a wonderful time to embark on new journeys, make plans for self-improvement, and set goals to work towards. This month is #NationalMentoringMonth, and it is very inspiring to contribute to the national conversation, and to see how other companies, institutions and organizations have mobilized mentoring and coaching practices within their institutions.

This issue will center on sharing resources, news articles, special interest stories, events, and other initiatives that celebrate National Mentoring Month. We have included some inspirational quotes on mentors, as well as tips for a successful mentorship.

Also in this issue, I share some of the best advice I have received from Mentoring Institute director Nora Dominguez, who has been my mentor for close to five years, and reflect on how the mentorship allowed me to maximize my potential, and break through barriers that might have otherwise held me back. Being able to #ThankYourMentor is an honor, and it is rewarding to be a part of such an important conversation.

I would also like to encourage you to check out the many benefits of joining the Mentoring Institute as a member. We close this issue by talking about some of these benefits and why you should join us today!

Thank you for taking the time to read our January 2019 Newsletter, and we’ll be back next month, with more on the latest news and happenings going on in the world of mentoring. We hope you have a wonderful National Mentoring Month, and encourage you to share your knowledge with those around you, so that they may be inspired to start their own mentoring journey.
IT'S NATIONAL MENTORING MONTH!

Time to Celebrate!
This campaign celebrates mentoring and the positive effect it can have on young lives.

ABOUT MENTORING MONTH
Launched in 2002 by MENTOR: The National Mentoring Partnership (MENTOR) and the Harvard T.H. Chan School of Public Health, National Mentoring Month focuses national attention on the need for mentors, as well as how each of us—individuals, businesses, government agencies, schools, faith communities and nonprofits—can work together to increase the number of mentors to help ensure positive outcomes for our young people.

Important Dates

JANUARY 4, 2019 – I AM A MENTOR DAY
A day for volunteer mentors to celebrate their role and reflect on the ways mentees have enhanced their world.

JANUARY 17, 2019 – INTERNATIONAL MENTORING DAY
A day of international conversation on social media where photos, videos and messages of powerful mentoring stories are shared.

JANUARY 21, 2019 – DR. MARTIN LUTHER KING, JR. DAY OF SERVICE
A day to share in the inspirational words of Dr. MLK, Jr. and elevate the spirit of service through volunteerism.

JANUARY 30- FEBRUARY 1, 2019 – NATIONAL MENTORING SUMMIT

JANUARY 31, 2019 – #THANKYOURMENTOR DAY

Campaign Goals

Goal I
• Raise awareness of mentoring in its various forms

Goal II
• Recruit individuals to mentor, especially in programs that have waiting lists of young people

Goal III
• Promote the rapid growth of mentoring by recruiting organizations to engage their constituents in mentoring.

#THANKYOURMENTOR
On January 31st get on social media and use the #ThankYourMentor hashtag to join in the national conversation!
Celebrating Mentors & Coaches.

National Mentoring Month affords so many wonderful opportunities to say #ThankYouMentor, and many organizations around the nation are seizing the opportunities to do so. One such example was the 5th annual Coaching Corps Game Changer Awards. The event, held on January 13 and aired on NBC Sports Bay Area, featured “Prominent Bay Area athletes whose lives have been shaped by the mentorship and transformative influence of caring coaches.” The mission of Coaching Corps Game Changer Awards is to “give professional athletes an opportunity to acknowledge coaches who have been influential to their success while also raising money and awareness for Coaching Corps, a nonprofit that provides youth in underserved areas access to trained coaches in a variety of sports.” The athletes who presented the awards to their coaches/mentors were:

- **Klay Thompson**: 3-time NBA Champion Guard, Golden State Warriors will honor Jerry DeBusk, Head Basketball Coach, Santa Margarita Catholic High School (1992-2012)

- **Pablo Sandoval**: 3-time World Series Champion Infielder, San Francisco Giants will honor Bruce Bochy, 3-time World Series Champion Manager, San Francisco Giants (2007-present)

- **Marcus Semien**: Shortstop, Oakland Athletics will honor Ron Washington, 3rd Base and Infield Coach, Oakland Athletics (1996-2006, 2015-2016), Former MLB player and manager

- **Marquise Goodwin**: Wide Receiver, San Francisco 49ers will honor Richard McCroan, Coach and Director of Football Operations, Rowlett High School (2000-present)


- **Kristine Anigwe**: 5-time first team All-Pac-12, Cal Basketball will present Lindsay Gottlieb, Head Basketball Coach University of California, Berkeley, with a Coaching Corps Game Changer Award

Visit the Mentoring Institute Facebook Page for a video clip from the event!

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<th>Golden State Warriors Shooting Guard Klay Thompson on his high school basketball coach Jerry DeBusk:</th>
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<tr>
<td>“He ran a tight program... He was no-nonsense, which you need as a teenager. And I just learned how to be coachable from the jump, from his tutelage. He was phenomenal.”</td>
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Local/National Events.

**2019 NATIONAL MENTORING SUMMIT**

JANUARY 3O - FEBRUARY 1, 2019
WASHINGTON, D.C.

The National Mentoring Summit is the only national convening of youth mentoring professionals, researchers, MENTOR Affiliates, philanthropic investors, and government and civic leaders aimed at collectively strengthening and expanding quality mentoring relationships for young people across the country.

**NM CAN NATIONAL MENTORING MONTH CELEBRATION**

WEDNESDAY, JANUARY 3O, 2019 @ 5-7 PM
ALBUQUERQUE, NM

Mentor Toolkit, Etc.

2019 National Mentoring Month resources you can use!

- **NATIONAL MENTORING MONTH TOOLKIT**

- **CORPORATE ENGAGEMENT TOOLKIT**

- **A HOW-TO WEBINAR FOR TOOLKIT**

- **WATCH NATIONAL MENTORING MONTH VIDEOS**
My Mentoring Experience.

VALUABLE ADVICE FROM MY MENTOR, NORA DOMINGUEZ

BY YVONNE GANDERT
MANAGING EDITOR OF MENTORING & COACHING MONTHLY

In the spirit of mentoring month, I would like to share my own experience as a mentee at the Mentoring Institute. The most influential mentor in my college career is Nora Dominguez, the director of the Mentoring Institute. I had the privilege of working with her for over four years, and as my time in higher education draws to a close, I have been able to reflect on the many ways that she has helped to mold me into the professional that I am today. I could write a book on the many ways that her mentorship has helped me in my journey, but for brevities sake, I will simply respond to the following question:

WHAT’S THE BEST ADVICE YOUR MENTOR GAVE YOU?

The best advice I received from Nora was to always produce things that you will be proud to share with others. Although mentors are there to suggest paths for you, ultimately, self-confidence and pride in yourself must come from within. If you are happy with your choices, and proud of your pursuits, then you can more confidently share with others, and positively impact those around you.

As I prepare to leave the familiarity of higher education and dive into a completely new professional industry, I will hold this advice at the forefront of my mind. Using this advice, I can continue to build a life that is personally rewarding, and one that will also have positive impact on the world.

Quote Corner.

A selection of quotes to spark inspiration and reflection on your journey.

“...”

“...”

“...”

“...”

“What’s the best advice [your mentor] gave you?

“...”

- James Ford, Principal, Filling the Gap Educational Consultants

READ FULL ARTICLE
DON’T FORGET TO #THANKYOURMENTOR ON THURSDAY, JANUARY 31ST, 2019!

NATIONAL MENTORING MONTH

THE MENTORING INSTITUTE HAS SERVED THE COMMUNITY FOR 11 YEARS! THANK YOU FOR YOUR CONTINUED SUPPORT OF MENTORING, COACHING, AND WE HOPE TO CONTINUE TO HAVE A POSITIVE IMPACT ON THE FUTURE GENERATIONS.


According to an article in CNBC, we can expect to see the following 5 trends in mentoring in the next year.

BY KAREN GILCHRIST, CNBC

1. DIFFERENT NETWORKS FOR DIFFERENT NEEDS: Companies will evolve from providing a one-size-fits-all mentoring program to creating different networks for different needs. E.g. high achiever groups, women leadership schemes and veteran networks.

2. MENTORING WILL BE A KEY BUSINESS PRIORITY: Mentoring will become a business priority, especially for smaller companies, which are now seeing proof of the return on investment.

3. MENTORSHIP PROGRAMS WILL HARNESS AND UTILIZE TECHNOLOGY: Technology will be harnessed so mentorship programs can be rolled out on mobiles and tablets. That will create greater support for non-office-based workers and those in low-retention industries.

4. DIFFERENT NETWORKS FOR DIFFERENT NEEDS: Mentorship will form a crucial aspect of diversity and inclusion programs, allowing employees to share their experiences and what they learn.

5. DIFFERENT NETWORKS FOR DIFFERENT NEEDS: Informal mentorship programs will emerge between employees where structured schemes do not yet exist.

This is an excerpt from “Finding a Mentor Could Bring the Career Boost You Need in 2019 — But Be Sure to Avoid This Mistake” by Karen Gilchrist, CNBC, follow the link below for the entire article.

READ THE WHOLE ARTICLE HERE

INDIANAPOLIS RECORDER NEWSPAPER
National Mentor Month
Recognizing those who give back to city’s youth
By Ontay Johnson

BLACK ENTERPRISE
It’s National Mentoring Month!
Our Top 5 Articles with the Best Mentorship Advice
By Black Enterprise Editors

CNBC
Finding a Mentor Could Bring the Career Boost You Need in 2019 — But Be Sure To Avoid This Mistake
By Karen Gilchrist

SANTA FE NEW MEXICAN
January is National Mentoring Month
By Kate Mitchell

MENTOR VERMONT
2018 Comcast Vermont Mentor of the Year Award
by MENTOR VERMONT

“Comcast believes strongly in the power of mentoring, and is dedicated to giving back to the communities where our customers and employees live and work.”
Daniel Glanville, Comcast Corporation
READ FULL ARTICLE

PODCAST
LISTEN NOW
HELPING SERVICES
MENTORING COORDINATOR
ELLEN KROGMANN TALKS
ABOUT MENTORING IN DELAWARE COUNTY FOR #NATIONALMENTORINGMONTH

“Life’s most persistent and urgent question is, “What are you doing for others?””
-Martin Luther King Jr.

#NationalMentoringMonth

MENTORING INSTITUTE
10 Tips For A Successful Mentorship.

Check out some tips from Forbes Magazine contributor Caroline Ceniza-Levine on how to have a successful mentorship in 2019!

"January is National Mentorship Month, so if you participate in an official mentor program or you just have people in your life who you regularly go to for advice, make sure to send out a special thanks! Mentor relationships are very helpful to your professional development, which is why many companies and outside organizations invest heavily in offering these programs.

If you are lucky enough to have a mentor, be proactive about nurturing the relationship. The best mentor relationship works for both you and your mentor."

READ FULL ARTICLE HERE.

HERE ARE 10 TIPS FOR A SUCCESSFUL MENTORSHIP:

1. Clarify both of your expectations.

2. Confirm the logistics.

3. Help your mentor help you.

4. Take the initiative in scheduling.

5. Respect your mentor’s time.

6. Don’t ask for too much too soon.

7. Have fun.

8. Keep your mentor informed.

9. Have a plan for when things go wrong.

10. Reciprocate and give back.

DON’T FORGET TO #THANKYOURMENTOR ON THURSDAY, JANUARY 31ST, 2019!

NATIONAL MENTORING MONTH

READ FULL ARTICLE HERE.
Are you a member yet?
JOIN US TODAY TO ACCESS ALL THE GREAT BENEFITS, ANYTIME

WHY BECOME A MEMBER?
Professionals from all disciplines can benefit from membership, but our primary research focus is mentoring in academia. Staff members in higher education, faculty members, and students at the undergraduate, graduate and post-doctorate level will benefit the most from membership, as the majority of our literature represents these areas. The literature also contains a smaller selection of research for practitioners, business executives, youth mentors, and non-profit organizations.

More than just a place for finding research, it is our vision that as membership continues to grow, the site will be utilized as a social networking platform, where mentoring practitioners from all around the world can engage in discussion, advance new ideas, and share and debate current issues facing the research field.

Member Benefits
10% DISCOUNT ON THE MENTORING CONFERENCE REGISTRATION
MENTORING ARTICLES
JOURNAL PUBLICATIONS
WEBINARS
CONFERENCE VIDEOS
PUBLISHING OPPORTUNITIES

ANNUAL MEMBERSHIP FEES
STANDARD $500
UNM STUDENTS $300

Whether you missed the annual mentoring conference or you want to re-watch your favorite plenary session, a membership will provide you with exclusive access to video footage of the keynote and plenary speaker sessions from 2008 to 2018. As our membership site grows its audience, we hope that it will facilitate dialogue between educators and practitioners across disciplines, and help to advance the positive impact that mentoring has on the world today. Sign Up Today and Experience the Benefits of Membership!

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Social Media:
Facebook
Twitter
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LinkedIn
Pinterest

Save the Date!
Our 12th Annual Mentoring, Coaching, and Leadership Conference will be held at UNM from October 21–October 25.

2019 Conference Theme: Towards the Science of Mentoring

Click Here to Learn More