

Mentoring & Coaching Monthly

March 2019: Volume VI, Issue II



Contents:

In This Issue.....	1
Letter from the Editor, Important Dates In the News.....	2
Articles in Focus, Important Dates.....	3
Womens National Mentoring Month Women's Resources.....	4
AERA Annual Meeting Webinar Overview.....	5
Call for Proposals.....	6
Call for Proposals Cont.....	7
Membership Contact Information.....	8

In This Issue:

Thank you for tuning into the March 2019 issue of Mentoring and Coaching Monthly. At the Mentoring Institute, we welcome the month of the start of Spring!

This issue starts with dates important to the month of March followed by insight and an overview of National Women's Month. In this issue, you will also find stories about Albuquerque women's mentoring relationships and various websites and articles with tips on mentoring women. This issue will conclude with information about the upcoming AERA Annual Meeting, notifications about upcoming webinars, the Call for Proposals for the Mentoring Conference in October, and the last page of the issue will contain details about membership and how to get more involved with the UNM Mentoring Institute.

Happy National Women's Month and do not forget to take advantage of the resources and benefits in mentoring for the month of March!

Institute Founder and Executive Director:

Nora Dominguez

Managing Editors:

Jade Moore & Darlen Carter

Welcome back to Mentoring and Coaching Monthly! March has been a busy month for the Mentoring Institute as we celebrate the beginning of spring and National Women's Month.

The first portion of this newsletter will provide our readers with some engaging news articles on the nobility of mentoring women in various professions and how it strengthens entire organizations.

Forbes published an article that expressed how important it is for women to have a variety of multigendered mentors, while another article looked at how it is beneficial for influential men to sponsor and mentor women in gender-diverse relationships and combat disparities. The remainder of the articles describe mentoring relationships and gender inclusiveness.

Here at the Mentoring Institute, we strive to continually be a leader in the field of mentoring and recognize accomplishments that diversify all fields. We want to share this work with you to receive feedback and continue to expand the services that we provide at the Mentoring Institute.

Important Dates:

March 1 - March 31, 2019
National Women's Mentoring Month

March 5, 2019
Mardi Gras

March 8, 2019
International Women's Day

March 17, 2019
St. Patrick's Day



In The News:

Forbes [WHY WOMEN SHOULDN'T RELY EXCLUSIVELY ON FEMALE MENTORS](#)

By Casey Foss

Harvard Business Review [ADVICE FOR MEN WHO ARE NERVOUS ABOUT MENTORING WOMEN](#) By

Wendy Murphy

Musicians Union [MENTORING SCHEME FOR FEMALE MU MEMBERS LAUNCHED](#)

American Society for Engineering Education [PEER MENTORING OF UNDERGRADUATE WOMEN IN ENGINEERING AS A MECHANISM FOR LEADERSHIP DEVELOPMENT](#) By Kristin

E. Sherwood, Angela M. Kelly, & Monica Bugallo

"Indoors or out, no one relaxes in March, that month of wind and taxes, the wind will presently disappear, the taxes that last us all year."

-Ogden Nash

CONFIDENT, FOCUSED AND CONNECTED

BY KATHERINE DASHPER

JOURNAL OF POLICY RESEARCH IN TOURISM, LEISURE AND EVENTS

"The events industry is female-dominated numerically, yet men continue to occupy the majority of senior roles and positions of influence. A variety of factors contribute to this persistent glass ceiling, including shortage of female role models, lack of confidence, inflexible working hours and limited professional networks. Mentoring has been shown to begin to address some of these challenges women may face in progressing to senior positions. This paper reports on research conducted on a formal industry-wide mentoring programme for women that aims to pair female professionals with leading industry figures in a supportive, collaborative and focused programme of development activities. Drawing on data from 37 interviews with mentees on the programme, conducted over the course of one year, the article considers if and how mentoring can help empower women in the events industry to aim high and proactively advance their careers. Findings suggest that mentoring can have positive effects on women's confidence, ability to plan professionally and build supportive and enabling networks. The study shows the value of a structured, formal programme for mentoring activities and suggests that, although mentoring alone will not redress gender inequality in the events industry, it provides a valuable and effective mechanism for individual career development and empowerment."

Dashper, K. (2018). *Confident, focused and connected: the importance of mentoring women's career development in the events industry. Journal of Policy Research in Tourism, Leisure and Events.* 10(2), 134-150. DOI: 10.1080/19407963.2018.1403162

[READ THE FULL ARTICLE HERE](#)

EIGHT WAYS MENTORS INTERNATIONAL EMPOWER WOMEN

MENTORS INTERNATIONAL

1. Give a microloan
2. Teach job and business skills
3. Increase savings and incomes
4. Build self-esteem and confidence
5. Impact health
6. Build social networks
7. Create public leaders
8. Tell the women in your life that you care

[LEARN MORE HERE](#)

Eight Ways Mentors International Empowers Women. (2018, March 8). Retrieved March 31, 2018. from https://mentorsinternational.org/eight-ways-mentors-international-empowers-women/?gclid=EAIaIQobChMIjaXxt5m54QIVUCCtBh1xPA4JEAAYASAAEgKj0PD_BwE

2019 Women's National Mentoring Month

THIS IS A CELEBRATION OF MENTORING AND THE
POSITIVE EFFECT IT CAN HAVE ON WOMEN'S LIVES!

About Women's Day

The day for women was initially marked in 1909 by the Socialist Party of America on February 29th. Following in 1910, the leader of Women's Office for the Social Democratic Party, Clara Zetkin, presented the idea of an International Women's Day at an International Conference of Working Women in Germany. Women accepted this concept in many countries and adopted the day March 25 as the official holiday. In 1913, International Women's Day was transferred to March 8th. International Women's Day is the world's day to celebrate the achievements of women and to call action for gender equality.

National Women's History Week

National Women's Month is a significant part of American history. Initially, the week of March 8th was chosen as the main week of women's appreciation; the steps toward this success came in February 1980 under President Jimmy Carter who issued the first Presidential Proclamation declaring that week National Women's History Week. As word spread, state departments of education around the nation encouraged citizens and teachers to celebrate National Women's History Week in order to promote equality within the classrooms. Organizations sponsored essay contests and other programs locally. Everyone came to recognize this holiday, but every year the week changed as new lobbying efforts for women's history week were needed, which later sparked national concern.

National Women's History Month

By 1986, there were fourteen states who claimed March as Women's History Month in the United States. These claims had been the rationale to lobby Congress and declare the March as Women's History Month. In March 1987, Congress officially declared March as National Women's History Month. A special Presidential Proclamation is still issued every year to celebrate the accomplishments of American Women.

Since its inception in 1987, National Women's History Month has received considerable support from *National Women's History Alliance*, *The Library of Congress*, *National Archives and Records Administration*, *Smithsonian Institution*, *National Gallery of Art*, and other various museums. This also includes support from media outlets and other organizations!

Macgregor, M. M. (n.d.). *Why March is National Women's History Month*. Retrieved March 31, 2018, from <https://nationalwomenshistoryalliance.org/womens-history-month/womens-history-month-history/>

2019 Women's Resources:

[UNM WOMEN'S
RESOURCE CENTER](#)

[WOMEN'S
HISTORY VIDEOS](#)

[WOMEN'S PODCASTS](#)

Women's Leadership
Institute [5 BOOKS
WORTH A READ IF YOU
WANT TO MENTOR
WOMEN](#) By Nicole
Carpenter
EMBO press [PEER POWER:
A WOMEN'S PEER-
MENTORING PROGRAM
AT THE WORKPLACE:
EXAMPLE FROM THE
ACADEMIA](#) By Shelly Levy-
Tzedek, Galia S. Moran, Uri
Alon, & Neta Sal-Man



American Educational Research Association (AERA)

CELEBRATING 103 YEARS OF NATIONAL EDUCATIONAL RESEARCH!

The American Educational Research Association (AERA) is a society of faculty, researchers, graduate students, and other professionals whose goal is to improve the educational process by encouraging inquiry and investigation that will ultimately serve the public. AERA, established in 1916, has continued to work in a range of settings including universities, federal and state agencies, and nonprofits to produce a body of work that ultimately transforms research into information which can be used to improve the educational methods and be used for practical application.

AERA Annual Meeting

This year, AERA's Annual Meeting will be held on April 5, 2019 at the Metro Toronto Convention Centre. The topic of this year's meeting is Leveraging Education Research in a *Post-Truth Era*: Multimodal Narratives to Democratize Evidence. This event is the world's principal assembly of education researchers and an opportunity to highlight original studies in a variety of areas. Additional information about AERA and the Annual Meeting can be found below:

[American Educational Research Website](#)



American Educational Research Association Home. (n.d.). Retrieved March 31, 2018, from <https://www.aera.net/>

Webinar Overview:

Within the fields of mentoring and coaching, across all disciplines and populations, there is an extensive panel of experts who will share their knowledge, experiences, and implications for the future. This webinar series aims to inform attendees, expert and novice, by looking at effective practices, exploring innovative aspects of the field, and explaining the foundation of research for successful outcomes. We will cover topics such as mentoring/coaching minorities, informal mentoring and coaching relationships, and managing such processes. We have tailored this webinar series to engage a variety of scenarios that might help as the field of mentoring progresses.

Last month's webinar featured Yadeeh Sawyer from the STEM Collaborative Center at UNM. She discussed her experience with mentoring to teach three learning objectives:

1. Learning a framework for structuring relationships between mentors and mentees interested in STEM fields
2. Teach future mentees methods of reaching out and what to expect from mentoring relationships
3. Personal insight on how to evaluate the effectiveness of a STEM Mentoring program

To view this webinar, sign up for the membership, which will give access to all future webina recordings!

[MI MEMBERSHIP SIGN UP](#)

Call For Proposals

The UNM Mentoring Institute is pleased to announce its 12th Annual Mentoring Conference, Towards the Science of Mentoring. Early registration is now open. We invite faculty, staff and students of higher education, researchers, K-12 educators, community leaders, administrators, non-profit partners, government agencies, and other professionals to participate in this five-day event, which will be held from Monday, October 21, 2019, through Friday, October 25, 2019 at The University of New Mexico's Student Union Building in Albuquerque, New Mexico. Together, we will develop dynamic conversations and networking opportunities through hands-on workshops, individual/panel presentations, and plenary sessions.

This year's conference theme is Towards the Science of Mentoring. In just over a decade, our outstanding Mentoring Conference presenters have created a rich archive of knowledge of mentoring that serves as a fertile foundation for practitioners and researchers. This year we are expanding this evidence and theoretical base to plan a framework for future scientific projects. We want to encourage discussion about work that draws from evaluated, sustainable mentoring programs using practitioner testimonies to promote further mentoring research. Case studies, qualitative research methods, and practices that reflect effective qualities for different populations will be valuable to this conference.

In light of this theme, we are keen to receive proposals that:

- * are informative and relevant to the term 'science of mentoring'
- * are supported by theory and research
- * demonstrate concepts and ideas that are applicable to future research
- * have the potential to spark fruitful conversation during and after the conference.

In addition to hosting presentations that comply with the theme, we are asking for proposals based on the topics of mentoring, coaching, and leadership, within the following strands: science of mentoring, teacher mentoring, entrepreneurship, business, STEM (science, technology, engineering, & mathematics), education, arts, humanities, health sciences, and others. We wish for proposals to accomplish the following:

- * Build on the knowledge base of existing literature
- * Demonstrate the effectiveness of existing mentoring, coaching, and leadership programs
- * Propose new methodologies or evaluation models
- * Promote diversity, inclusion, and cross-cultural relationships
- * Introduce concepts and ideas to promote and develop practices

Webinar in March:

**UNM Mentoring Institute's
Webinar Series hopes to
engage mentors, mentees,
and project managers using
three specific learning
objectives per presentation.**

MENTORING ACROSS DIFFERENCES Presented by Marsha Carr

Please join the UNM Mentoring Institute for a webinar on March 29, 2019 at 9:00 AM MST / 11:00 AM EST to 9:45 AM MST / 11:45 AM EST. The topic of this webinar is Mentoring Across Differences, presented by award-winning educator Marsha Carr. This session will cover:

1. Skills to individualize mentoring programs for diverse populations.
2. How to initiate action in a variety of settings and environments.
3. Greatest challenges in inclusive mentoring programs and skills to overcome those difficulties.

Attendee participation is encouraged through polling and asking questions!

UPCOMING WEBINARS

Call For Proposals Continued

Presentation Requirements

Presenters in the 2019 conference must meet the following requirements for their session (please read these carefully, as they are mandatory for all presenters):

Individual/Panel Sessions

* Presentation: Presenters are assigned a 45-minute slot; we suggest a TED Talk format for the first 30 minutes of the presentation, 10 minutes for Q&A, and 5 minutes for the session's evaluation.

* Paper: Submission of a 5–7 page paper on the topic of your presentation is mandatory. Papers will be peer-reviewed and published in the conference proceedings.

* Optional Poster Submission: In addition to your individual/panel presentation, we strongly suggest to bring a poster to be displayed during the conference poster session. You do not need to write an additional poster paper; however, you will need to submit a Microsoft Power-Point file (template will be provided) with the content of your poster.

Poster Session

* Presentation: Poster presenters will have two hours to display and present their poster during the allotted poster session.

* Paper: Submission of a 1–2 page paper describing the content of your poster is mandatory. All poster presenters are also required to submit a Microsoft PowerPoint file (template will be provided) with the content of your poster.

Roundtable Presentation

* Paper: Submission of a 5–7 page paper on the topic of your presentation is mandatory. Papers will be peer-reviewed and published in the conference proceedings.

* Presentation: You will be asked to present the problem, case, or idea from your paper and direct a set of questions to the group, and lead the discussion towards a solution that you may have input on based on your paper.

Presenter Registration

* Presenters must register for the conference; registration will grant access to 15 plenary/round table/poster sessions and more than 200 individual/panel sessions. As a token of our appreciation, accepted presenters will receive a registration discount.

Important Dates

Abstract proposal submission deadline – **May 15, 2019**

Accepted proposal notification – **May 30, 2019**

Last date to register as a presenter and/or peer-reviewer – **June 15, 2019**

Paper submission – **June 30, 2019**

Peer-review process – **July 1 – 30, 2019**

Peer-reviewed papers returned – **August 1, 2019**

Final paper submission due – **August 30, 2019**

Are you a member yet?

JOIN US TODAY TO ACCESS ALL THE GREAT BENEFITS!

Benefits to Membership:

We encourage you to become a Mentoring Institute member. Membership provides staff members in higher education, faculty, and students at all levels, the opportunity to access past conference proceedings, recordings of our webinars after they are streamed live, conference videos, and a discount on the Mentoring Conference registration fee. The literature and information provided by a membership is useful for practitioners, business executives, youth mentors, and non-profit organization, as it provides exclusive access to 11 years of research and practice in the field of mentoring.

[CLICK HERE TO BECOME A MEMBER](#)



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Save the Date!

Our 12th Annual Mentoring, Coaching, and Leadership Conference will be held from **October 21-October 25**. This year's theme is *Toward the Science of Mentoring*

[CLICK HERE TO LEARN MORE](#)

