



MENTORING & COACHING MONTHLY

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In This Issue

Welcome back into the February 2020 Issue of Mentoring & Coaching Monthly. This month is very special for the African American people, but also everyone fighting for equality. Let's celebrate #BlackHistoryMonth!

This issue contains an overview of Black History Month, why we celebrate the African-American's accomplishments and contributions to society, and an article that showcases the importance of mentoring on African American youth.

This issue also celebrates the recognition of Pathologist Angela Wandinger-Ness receiving the 2020 AAAS Lifetime Mentor Award. Lastly, we have information for all UNM graduates to attend a grad fair in the Student Union Building (SUB). We have collected all the information you need to gather your graduate attire for the so awaited day. Mentoring resources from Wake Forest University and our membership benefits.

Happy Black History Month. Don't forget to celebrate how far we have come as a society and the work we have ahead!



"In order to be a mentor, and an effective one, one must care. You must care. You don't have to know how many square miles are in Idaho, you don't need to know what is the chemical makeup of chemistry, or of blood or water. Know what you know and care about the person, care about what you know and care about the person you're sharing with." – Maya Angelou



Letter from the Editor



Happy Black History Month and welcome back to Mentoring & Coaching Monthly! This month is the celebration of the African American people, but it's also a wonderful time to reflect on the challenges we have overcome as a society, remember where we come from and visualize where we want to go, and be grateful with the African American community for not giving up and fighting for what is right, equality.

It is very inspiring to contribute to the national conversation and to see how other companies, institutions, and organizations have mobilized mentoring and coaching practices within their institutions towards a more inclusive fellowship. This issue will focus on the history behind the Black History Month observation holiday, who started it and the importance of mentoring the African American

youth as shown in an article by the Capital Partners of Education.

Moreover, the UNM community celebrates the accomplishment of pathologist Angela Wandinger-Ness as she receives the 2020 AAAS Lifetime Mentor Award thanks to her contributions and commitment at The University of New Mexico Comprehensive Cancer Center. This prize is awarded only to researchers with over 25 years of experience who have created an impact in an institution by mentoring students from minority groups in the STEM fields. Besides, The Mentoring Resource Center from Wake Forest University has created premium access for mentors and mentees to mentoring resources that will help them build an effective relationship. Finally, The University of New Mexico will host a three-day Grad Fair for all students graduating this May. We have all the information about the specials for graduation caps and gowns and more information about the membership benefits with the Mentoring Institute.

Thank you for taking the time to read our February 2020 Newsletter, we'll be back next month, with more on the latest news and happenings going on in the world of mentoring. We hope you have a wonderful Black History Month, and encourage you to uplift each other as mentors and mentees no matter race, religion, sexual orientation, etc. Because at the end of the day we are all the same, we are all humans.



The greatest good you can do for another is not just to share your riches but to reveal to him his own.

— Benjamin Disraeli





BLACK HISTORY MONTH

Heroes of the Civil Rights Movement

ABOUT BLACK HISTORY MONTH

Why do we celebrate Black History Month in February?

This national celebration started back in 1915 after Carter G. Woodson founded the Association for the Study of Negro Life and History. Woodson initiated the first Negro History Week in February 1926 during the birthday week of Abraham Lincoln and Frederick Douglass as they were both very important figures for the African American community.

In 1975, President Ford issued a message to celebrate this week and urging all Americans to acknowledge the contributions of the African American community to the nation. In 1976, the week celebration was expanded to the whole month of February and recognized as a national holiday by the following Presidents.



CARTER G. WOODSON

-Library of Congress

[LEARN MORE](#)

WHY MENTORING AFRICAN AMERICAN YOUTH IS IMPORTANT

This article exposes a reality that many of us have not noticed yet. The premise focuses on the importance of mentoring African American youth not only in getting an education but getting the attention they need and the guidance to find who they are and who they want to become. Kari Brown, CEO of Capital Partners of Education blog (CPE), also mentions that during this month many important heroes of history (Martin Luther King Jr., Carter G. Woodson, etc.) are celebrated for their contributions towards equality but many others less famous are left out from this acknowledgment, mentors, who are the keystone for young African Americans; helping them to look beyond their horizons because they provide the tools to help them improve in academics, social life, and professional settings.

"Mentoring researchers have noted that low-income youth are half as likely to have had informal mentors in their communities, and almost twice as likely report wanting one, so formal mentoring programs around the country like CPE play a critical role in helping young people discover their potential."

[READ FULL ARTICLE](#)

Pathologist Angela Wandinger-Ness Receives 2020 AAAS Lifetime Mentor Award

The Mentoring Institute is thrilled to inform you of the amazing news we have received. A dear colleague, Angela Wandinger-Ness received the 2020 AAAS Lifetime Mentor Award on February 15th in Seattle, Washington.

Wandinger-Ness is the associate director for education, training and mentoring at The University of New Mexico Comprehensive Center. She is also an excellent professor at the UNM School of Medicine's Pathology Department.

With almost 30 years of professional trajectory at Northwestern University and The University of New Mexico, Wandinger-Ness has dedicated her career to mentor students and increase the diversity of those pursuing doctorates in pathology as well as training them to be excellent scientists and mentors themselves.

Her research includes:

- "GTPases as targets of small molecules therapeutics for ovarian cancer and genetic diseases
- Cellular & molecular basis of autosomal dominant polycystic kidney disease
- Renal stem cells
- Interrelationships between membrane trafficking, signaling cell polarity and disease pathology
- Molecular mechanisms of Rab GTPases and lipid signaling in membrane trafficking" (pathology.unm.edu)

Dr. Wandinger-Ness is an example of dedication in mentoring, with approximately 270 scientists mentored, including 15 bachelor's and master's students, 26 Ph.D. and 53 postdoctoral individuals, and an advocate of minority students in STEM fields.



Retrieved from aaas.org

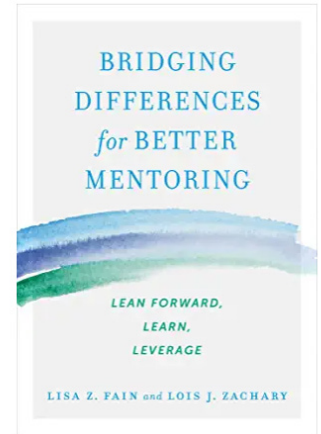
[READ FULL ARTICLE](#)

CONGRATULATIONS DR. WANDINGER-NESS! THANK YOU FOR YOUR CONTRIBUTIONS TO OUR COMMUNITY.

Mentoring Resources

Bridging Differences for Better Mentoring focuses on the premise that the workforce is becoming more diverse, and to maintain long-lasting relationships with different employees is important to adapt our leadership skills to fit the new environment. This book provides tools and strategies to help leaders to be better mentors, and to know how to have effective mentor-mentee communication, positively impacting the employee's performance as well as mentoring them to be leaders themselves in a culturally diverse society.

"This practical hands-on guide to better mentoring by mentoring experts Fain and Zachary is not to be missed by anyone who wants to learn who to build deeper and more meaningful bridges across, under and through difference." - Marshall Goldsmith



Retrieved from amazon.com

[FIND IT ON AMAZON](#)

MENTORING RESOURCE CENTER *Premium* ACCESS



Get unlimited access to and downloads of:

Training Materials | Tools and Handouts | Conversation Guides

Created by the Wake Forest University Mentoring Resource Center.
Learn more at mentoring.opcd.wfu.edu/premium-access/

REGISTER TODAY!

The Mentoring Resource Center from Wake Forest University is offering a variety of mentoring resources that may be of great interest to you. They have training materials and videos, handouts, and tools that will help mentors and mentees to grow strong relationships. Some of these materials are a toolkit for mentors and mentoring conversation guides that will help you start engaging with your mentees, break the ice with questions and build alumni-to-student mentoring relationships. You can learn more about these resources, their membership fee, and their complete programs by clicking on the link below.

[LEARN MORE](#)

SPRING 2020 GRAD FAIR

MARCH 24 - 27, 2020 | IN-STORE ONLY

NORTH CAMPUS
MARCH 24 | 10 A.M. - 4 P.M.

MAIN CAMPUS
MARCH 25-27 | 10 A.M. - 4 P.M.

25% OFF **GRAD PACKS**

➤ **BACHELOR'S**
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+ Select Diploma Frame

➤ **MASTER'S/DOCTORAL**
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Graduation Announcements | On-site Graduation Portraits

Are you a member yet?

JOIN US TODAY TO ACCESS ALL THE GREAT BENEFITS,
ANYTIME

WHY BECOME A MEMBER?

Professionals from all disciplines can benefit from membership, but our primary research focus is mentoring in academia. Staff members in higher education, faculty members, and students at the undergraduate, graduate and post-doctorate level will benefit the most from membership, as the majority of our literature represents these areas. The literature also contains a smaller selection of research for practitioners, business executives, youth mentors, and non-profit organizations.

More than just a place for finding research, it is our vision that as membership continues to grow, the site will be utilized as a social networking platform, where mentoring practitioners from all around the world can engage in discussion, advance new ideas, and share and debate current issues facing the research field.

Member Benefits

10% DISCOUNT ON THE MENTORING
CONFERENCE REGISTRATION

MENTORING ARTICLES

JOURNAL PUBLICATIONS

WEBINARS

CONFERENCE VIDEOS

PUBLISHING OPPORTUNITIES

...

Whether you missed the annual mentoring conference, or you want to re-watch your favorite plenary session, a membership will provide you with exclusive access to video footage of the keynote and plenary speaker sessions from 2008 to 2019. As our membership site grows its audience, we hope that it will facilitate dialogue between educators and practitioners across disciplines, and help to advance the positive impact that mentoring has on the world today. **Sign Up Today and Experience the Benefits of Membership!**

ANNUAL MEMBERSHIP FEES

STANDARD \$500
UNM STUDENTS \$300

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SAVE THE DATE!

OUR 13TH ANNUAL MENTORING,
COACHING, AND LEADERSHIP
CONFERENCE WILL BE
HELD AT UNM FROM
OCTOBER 19-OCTOBER 23.

2020 CONFERENCE THEME:
HIGH-QUALITY CONNECTIONS

[CLICK HERE TO LEARN MORE](#)



MENTORING
INSTITUTE