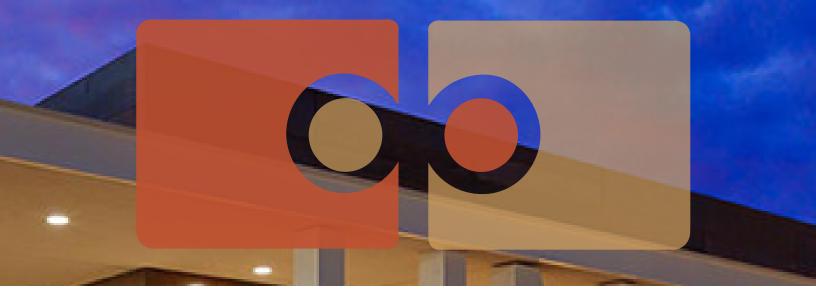
Mentoring & Coaching Monthly



August 2019 • Volume 6 • Issue 7

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IN THIS ISSUE:

This issue begins with a Letter From the Editor describing this year's peer review process. Next, there are several events listed, both in Albuquerque, and those happening at UNM this month!

This issue also includes information about this year's conferences, articles focused on mentoring in STEM and the health Sciences, tips for staying on top of work during the new school year, and the importance of the peer review process as it relates to the 2019 Mentoring Conference.

Finally, this newsletter will describe the Mentoring Institute Webinar Series and membership opportunities.

Thank you for joining us and have a great month!

Institute Founder & Executive Director:

Nora Dominguez

Managing Editor:

Jade Sheridan Moore

Letter From the Editor



Welcome back, mentoring community!

We welcome the start of any month as it brings about the chance for positive change and growth in all aspects of each person's life. This is the month where many will be start the first day of a new semester, start at a new place of employment, or maybe start a new project that will carry them to the end of 2019. It is with great pleasure that peer review has officially ended because this means the start of new, final submissions from this year's concurrent session speakers.

During this year's peer review, the speaker's submissions made it so enjoyable to discover new trends in mentoring and read about established, research-based effective mentoring practices. Although peer review can be challenging, this year we had more peer reviewers than last, for which the Mentoring Institute was incredibly grateful.

I would like to take this time to reflect on this last year and a half, as this is my last day of work at the UNM Mentoring Institute. I have worked for Nora Dominguez since January 2018 and it has been one of the most challenging and rewarding experiences of my life. It was not always easy, it was not always fun, but what I have learned about perseverance and hard work might not have been possible without this job. I met my best friend here, I had one of the best bosses a college student could ever hope to have, and I have worked with some of the most determined individuals I might ever meet while working at the Mentoring Institute. Although I am extremely excited to be leaving for graduate school, I will look back lovingly at my time here and always be appreciative of the values and work habits Nora has introduced to my life.

It can be really difficult starting over, but welcome the changes, embrace all the uncertainty that comes with starting in a new place, and have a great month!



The Mentoring Institute develops, coordinates, and integrates mentoring evidencebased effective practices into research, consulting, and training activities at the University of New Mexico (UNM).

HOW TO ORGANIZE YOUR LIFE: 10 HABITS OF REALLY ORGANIZED PEOPLE

- 1. Write Things Down
- 6. Keep only what you need
- 2. Schedule & Deadline
- 7. Know where to Discard
- 3. Don't Procrastinate
- 8. Stay Away From Bargains
- 4. Give Everything a Home 9. Delegate Responsibilities
- 5. Declutter Regularly
- 10. Work Hard

Local Events In August



LOCAL EVENTS IN ALBUQUERQUE

EXHIBIT: OURS | THE ZIA SUN

Friday, August 2nd

FIRST FRIDAY ART WALK

Friday, August 2nd

DOWNTOWN GROWERS MARKET

Saturday, August 3rd

DOWNTOWN SUMMER FEST

Saturday, August 3rd

RAILYARDS MARKET

Sunday, August 4th

ALBUQUERQUE ART SHOWCASE

Friday, August 16th Saturday, August 17th Sunday, August 18th Monday, August 19th

HARVEST WINE FESTIVAL

Saturday, August 31st

EXHIBIT - DRUGS: COSTS & CONSEQUENCES

January 26th - September 30th

Albuquerque Events

| Visit Albuquerque.

(n.d.). Retrieved

August 2, 2019,

from https://www.

visitalbuquerque.org/

abq365/events/

The Form and Function of STEM Research Mentoring: A Mixed-Methods Analysis Focusing on Ethnically Diverse Undergraduates and Their Mentors

Robnett et al., 2018

Shared mental health care. Model for supporting and mentoring family physicians.

Rockman, Salach, Gotlib, Cord, & Turner, 2004













UNM Events in August



ADVANCED LECTURE - DR. STARR

Friday, August 6th

UNM RESILIENCE COLLOQUIUM

Tuesday, August 2nd

STROKE SUPPORT GROUP

Wednesday, August 7th

MINDFULNESS BASED STRESS REDUCTION - 8 WEEK COURSE

Tuesday, August 13th

AWARENESS THROUGH MOVEMENT, 3-WEEK SERIES

Sunday, August 4th

FRATERNITY AND SORORITY RECRUITMENT INFORMATION RECEPTION

Wednesday, August 14th

BASIC SCIENCE LECTURE - DR. MASON

Friday, August 16th

FRIDAY NIGHT LIVE!

Friday, August 16th

FRESHMAN DAY CLASS CRAWL CAMPUS TOUR MOVIE ON THE FIELD: ALADDIN

Sunday, August 18th

FALL 2019 - CLASSES BEGIN

Monday, August 19th

UNM Events | Visit Albuquerque. (n.d.). Retrieved August 2, 2019, from https://unmevents.unm.edu/

Taking care of Yourself

National Alliance of Mental Health

U.S. medical students who engage in self-care report less stress and higher quality of life

Ayala, Winseman, Johnsen, & Mason, 2018







Article in Focus



DEFINING MENTORING: A LITERATURE REVIEW OF ISSUES, TYPES, AND APPLICATIONS

Carol A. Mullen and Cindy C. Klimaitis 2019

"This literature review of contemporary mentoring delineates mentoring definitions and anchors these with explanatory discourse. Select empirical studies spanning 1983–2019 were analyzed, with a focus on education across grade levels. Alternative mentoring issues, types, and applications, also located, are integral to this discussion. While researchers describe what mentoring is, it is also important to clarify what it is not. Traditional definitions of mentoring have been losing traction, with mentoring alternatives forging new possibilities within changing learning and work environments. Contexts of mentoring include a personal—professional relationship to an educational process; an organizational, cultural, and global context; and a systemic reform strategy that builds human capacity. This complex definitional terrain is situated within theoretical mentoring frameworks. Mentoring as deep, equitable learning with social transformative value is illustrated. Science, technology, engineering, and mathematics and other educational examples serve this purpose. Challenges to the field from alternative mentoring theory are discussed for transparency around meanings of mentoring and contributions that advance socially just relationships, organizations, and cultures. The article provides a timely and needed framework to discriminate and differentiate mentoring from other developmental relationships."

Keywords: alternative mentoring; education; literature review; mentoring; mentoring definitions; social justice; STEM

Mullen, C. A. & Klimaitis, C. C. (2019). Defining mentoring: a literature review of issues, types, and applications. Retrieved August 2, 2019, from https://www.researchgate.net/profile/Carol_Mullen/publication/334490540_Defining_mentoring_a_literature_review_of_issues_types_and_applications.pdf

The Peer Review Process



THE CHANGING FORMS AND EXPECTATIONS OF PEER REVIEW

S. P. J. M. (Serge) Horbach corresponding author and W. (Willem) Halffman 2018

"The quality and integrity of the scientific literature have recently become the subject of heated debate. Due to an apparent increase in cases of scientific fraud and irreproducible research, some have claimed science to be in a state of crisis. A key concern in this debate has been the extent to which science is capable of self-regulation. Among various mechanisms, the peer review system in particular is considered an essential gatekeeper of both quality and sometimes even integrity in science.

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Hoebach, S. & Halfman W. (2018). The Changing Forms and Expectations of Peer Review. Retrieved August 2, 2019, from https://www.ncbi.nlm.nih.gov/pubmed/30250752

TOP TIPS FOR PEER REVIEWERS

- 1. Respond Promptly to Invitation
- 2. Show Integrity
- 3. Stay Within Scope
- 4. Be Constructive
- 5. Allocate Enough Time

- 6. Be Consistent
- 7. Focus on the Research
- 8. Look at the Conclusion First
- 9. Check Robustness of Fact
- 10. Give Credit Where it's Due



12TH ANNUAL MENTORING CONFERENCE

Towards the Science of Mentoring

SPONSORSHIP OPPORTUNITIES

October 21st - October 25th, 2019 | Albuquerque, New Mexico

"As an individual new to mentoring programs, the session gave great advice for program pitfalls to look for moving ahead."

"Covers mentoring across content spectrum"

"A wide span of topics on mentoring - something for everyone."

"Great pace and idea exchange."





UNM MENTORING INSTITUTE'S WEBINAR SERIES HOPES TO ENGAGE MENTORS, MENTEES, AND PROJECT MANAGERS USING THREE SPECIFIC LEARNING OBJECTIVES PER PRESENTATION.

FEBRUARY

Yadeeh Sawyer
A Model for Mentoring STEM Undergraduate
Students

MARCH

Marsha Carr Mentoring Across Differences

APRIL

Chad Littlefield Retention Through Relationships: Creating Connection Through Mentorship

Nita Singh Kaushal Emotional Intelligence in Mentoring

JUNE

Margaret Lo
Youth Mentoring as Service- Learning to Developing
Relational and Inclusive Pedagogies in Initial
Teacher Education

Robert Garvey Phases of Mentoring

JULY

Gabe Veas
Mentoring Diverse Populations













Membership

MENTORING INSTITUTE

It is with great excitement that we announce the launch of our Membership Website. As a member, you will receive exclusive benefits, access to a wealth of research, receive discounts on conference fees, and much more!

Members will receive access to the following:

MENTORING ARTICLES







JOURNAL PUBLICATIONS



PUBLISHING OPPORTUNITIES



DISCUSSIONS



DISCOUNTS

WEBINARS

For more information, visit: https://mentor.unm.edu/members/about

We encourage you to become a Mentoring Institute member. Membership provides staff members in higher education, faculty, and students at all levels, the opportunity to access past conference proceedings, recordings of our webinars after they are streamed live, conference videos, and a discount on the Mentoring Conference registration fee. The literature and information provided by a membership is useful for practitioners, business executives, youth mentors, and non-profit organization, as it provides exclusive access to 11 years of research and practice in the field of mentoring.

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Mentoring Institute Social Media Platforms



Follow us on any & all of our five social media platforms including Facebook, Instagram, Pinterest, LinkedIn, and Twitter to get reminders for due dates, read about the latest in mentoring, join events, and watch as we prepare for the 2019 Mentoring Conference!























