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IN THIS ISSUE:

This issue begins with a Letter From the Editor describing this year’s peer review process. Next, there are several events listed, both in Albuquerque, and those happening at UNM this month!

This issue also includes information about this year’s conferences, articles focused on mentoring in STEM and the health Sciences, tips for staying on top of work during the new school year, and the importance of the peer review process as it relates to the 2019 Mentoring Conference.

Finally, this newsletter will describe the Mentoring Institute Webinar Series and membership opportunities.

Thank you for joining us and have a great month!

Institute Founder & Executive Director:
Nora Dominguez
Managing Editor:
Jade Sheridan Moore
Welcome back, mentoring community!

We welcome the start of any month as it brings about the chance for positive change and growth in all aspects of each person’s life. This is the month where many will be start the first day of a new semester, start at a new place of employment, or maybe start a new project that will carry them to the end of 2019. It is with great pleasure that peer review has officially ended because this means the start of new, final submissions from this year’s concurrent session speakers.

During this year’s peer review, the speaker’s submissions made it so enjoyable to discover new trends in mentoring and read about established, research-based effective mentoring practices. Although peer review can be challenging, this year we had more peer reviewers than last, for which the Mentoring Institute was incredibly grateful.

I would like to take this time to reflect on this last year and a half, as this is my last day of work at the UNM Mentoring Institute. I have worked for Nora Dominguez since January 2018 and it has been one of the most challenging and rewarding experiences of my life. It was not always easy, it was not always fun, but what I have learned about perseverance and hard work might not have been possible without this job. I met my best friend here, I had one of the best bosses a college student could ever hope to have, and I have worked with some of the most determined individuals I might ever meet while working at the Mentoring Institute. Although I am extremely excited to be leaving for graduate school, I will look back lovingly at my time here and always be appreciative of the values and work habits Nora has introduced to my life.

It can be really difficult starting over, but welcome the changes, embrace all the uncertainty that comes with starting in a new place, and have a great month!

HOW TO ORGANIZE YOUR LIFE:
10 HABITS OF REALLY ORGANIZED PEOPLE

1. Write Things Down
2. Schedule & Deadline
3. Don’t Procrastinate
4. Give Everything a Home
5. Declutter Regularly
6. Keep only what you need
7. Know where to Discard
8. Stay Away From Bargains
9. Delegate Responsibilities
10. Work Hard
LOCAL EVENTS IN ALBUQUERQUE

EXHIBIT: OURS | THE ZIA SUN
Friday, August 2nd

FIRST FRIDAY ART WALK
Friday, August 2nd

DOWNTOWN GROWERS MARKET
Saturday, August 3rd

DOWNTOWN SUMMER FEST
Saturday, August 3rd

RAILYARDS MARKET
Sunday, August 4th

ALBUQUERQUE ART SHOWCASE
Friday, August 16th
Saturday, August 17th
Sunday, August 18th
Monday, August 19th

HARVEST WINE FESTIVAL
Saturday, August 31st

EXHIBIT - DRUGS: COSTS & CONSEQUENCES
January 26th - September 30th

The Form and Function of STEM Research Mentoring: A Mixed-Methods Analysis Focusing on Ethnically Diverse Undergraduates and Their Mentors
Robnett et al., 2018

Shared mental health care. Model for supporting and mentoring family physicians.
Rockman, Salach, Gotlib, Cord, & Turner, 2004

Albuquerque Events
UNM Events in August

ADVANCED LECTURE - DR. STARR
Friday, August 6th

UNM RESILIENCE COLLOQUIUM
Tuesday, August 2nd

STROKE SUPPORT GROUP
Wednesday, August 7th

MINDFULNESS BASED STRESS REDUCTION - 8 WEEK COURSE
Tuesday, August 13th

AWARENESS THROUGH MOVEMENT, 3-WEEK SERIES
Sunday, August 4th

FRATERNITY AND SORORITY RECRUITMENT INFORMATION RECEPTION
Wednesday, August 14th

BASIC SCIENCE LECTURE - DR. MASON
Friday, August 16th

FRIDAY NIGHT LIVE!
Friday, August 16th

FRESHMAN DAY CLASS CRAWL CAMPUS TOUR
MOVIE ON THE FIELD: ALADDIN
Sunday, August 18th

FALL 2019 - CLASSES BEGIN
Monday, August 19th

Taking care of Yourself
National Alliance of Mental Health

U.S. medical students who engage in self-care report less stress and higher quality of life
Ayala, Winseman, Johnsen, & Mason, 2018

DEFINING MENTORING: A LITERATURE REVIEW OF ISSUES, TYPES, AND APPLICATIONS

Carol A. Mullen and Cindy C. Klimaitis

2019

“This literature review of contemporary mentoring delineates mentoring definitions and anchors these with explanatory discourse. Select empirical studies spanning 1983–2019 were analyzed, with a focus on education across grade levels. Alternative mentoring issues, types, and applications, also located, are integral to this discussion. While researchers describe what mentoring is, it is also important to clarify what it is not. Traditional definitions of mentoring have been losing traction, with mentoring alternatives forging new possibilities within changing learning and work environments. Contexts of mentoring include a personal–professional relationship to an educational process; an organizational, cultural, and global context; and a systemic reform strategy that builds human capacity. This complex definitional terrain is situated within theoretical mentoring frameworks. Mentoring as deep, equitable learning with social transformative value is illustrated. Science, technology, engineering, and mathematics and other educational examples serve this purpose. Challenges to the field from alternative mentoring theory are discussed for transparency around meanings of mentoring and contributions that advance socially just relationships, organizations, and cultures. The article provides a timely and needed framework to discriminate and differentiate mentoring from other developmental relationships.”

Keywords: alternative mentoring; education; literature review; mentoring; mentoring definitions; social justice; STEM

THE CHANGING FORMS AND EXPECTATIONS OF PEER REVIEW

S. P. J. M. (Serge) Horbach corresponding author and W. (Willem) Halffman
2018

“The quality and integrity of the scientific literature have recently become the subject of heated debate. Due to an apparent increase in cases of scientific fraud and irreproducible research, some have claimed science to be in a state of crisis. A key concern in this debate has been the extent to which science is capable of self-regulation. Among various mechanisms, the peer review system in particular is considered an essential gatekeeper of both quality and sometimes even integrity in science.

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TOP TIPS FOR PEER REVIEWERS

1. Respond Promptly to Invitation
2. Show Integrity
3. Stay Within Scope
4. Be Constructive
5. Allocate Enough Time
6. Be Consistent
7. Focus on the Research
8. Look at the Conclusion First
9. Check Robustness of Fact
10. Give Credit Where it’s Due
“As an individual new to mentoring programs, the session gave great advice for program pitfalls to look for moving ahead.”

“Covers mentoring across content spectrum”

“A wide span of topics on mentoring - something for everyone.”

“Great pace and idea exchange.”
UNM MENTORING INSTITUTE’S WEBINAR SERIES HOPES TO ENGAGE MENTORS, MENTEES, AND PROJECT MANAGERS USING THREE SPECIFIC LEARNING OBJECTIVES PER PRESENTATION.

FEBRUARY
Yadeeh Sawyer
A Model for Mentoring STEM Undergraduate Students

MARCH
Marsha Carr
Mentoring Across Differences

APRIL
Chad Littlefield
Retention Through Relationships: Creating Connection Through Mentorship

Nita Singh Kaushal
Emotional Intelligence in Mentoring

JUNE
Margaret Lo
Youth Mentoring as Service-Learning to Developing Relational and Inclusive Pedagogies in Initial Teacher Education

Robert Garvey
Phases of Mentoring

JULY
Gabe Veas
Mentoring Diverse Populations
It is with great excitement that we announce the launch of our Membership Website. As a member, you will receive exclusive benefits, access to a wealth of research, receive discounts on conference fees, and much more!

Members will receive access to the following:

- Mentoring Articles
- Conference Videos
- Journal Publications
- Publishing Opportunities
- Discussions
- Discounts
- Webinars

For more information, visit: [https://mentor.unm.edu/members/about](https://mentor.unm.edu/members/about)

We encourage you to become a Mentoring Institute member. Membership provides staff members in higher education, faculty, and students at all levels, the opportunity to access past conference proceedings, recordings of our webinars after they are streamed live, conference videos, and a discount on the Mentoring Conference registration fee. The literature and information provided by a membership is useful for practitioners, business executives, youth mentors, and non-profit organization, as it provides exclusive access to 11 years of research and practice in the field of mentoring.

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Follow us on any & all of our five social media platforms including Facebook, Instagram, Pinterest, LinkedIn, and Twitter to get reminders for due dates, read about the latest in mentoring, join events, and watch as we prepare for the 2019 Mentoring Conference!