

Mentoring & Coaching Monthly

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Table of Contents

Editor's Letter.....	2
Lifeworks.....	3
Trans Mentor Project.....	4
Safe is not Enough.....	5
15th Annual Mentoring Conference.....	7

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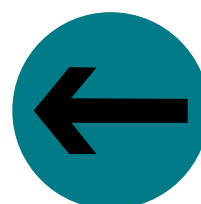
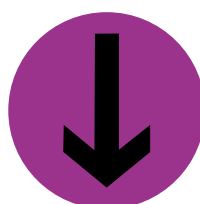
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**“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”
— Maya Angelou**



In This Issue

Welcome to the June 2021 issue of Mentoring & Coaching Monthly. June is Pride Month, and in this issue, we discuss the history and significance behind it and how you can celebrate and support the LGBTQ+ community this month. Check out two mentoring programs that mentor young LGBTQ+ individuals. LifeWorks is a mentoring program based in Los Angeles that helps mentor LGBTQ+ youth, and the Trans Mentor Program focuses on mentoring trans and non-binary youth and young adults. Lastly, read a book review about a book that focuses on how educators and schools can create a safe and inclusive environment for LGBTQ+ students.



Editor's Letter

Welcome back to Mentoring & Coaching Monthly for our June issue! This month we are celebrating Pride Month! Pride Month celebrates the LGBTQ+ community and acknowledges the struggles that they have endured and their efforts to continue fighting for equality and protection. All around the U.S., there are events such as parades and conferences taking place to commemorate and celebrate Pride. Check out events in your area this month!

The Los Angeles LGBT Center is one of the biggest organizations for the LGBTQ+ community and provides many services. One of the services includes a mentorship program called LifeWorks. LifeWorks mentors LGBTQ+ youth to help them in a number of achievement areas including personal, career, and educational development. Mentorship has been shown to help LGBTQ+ youth by providing them with a safe space for emotional and interpersonal support. The Sam & Devorah Foundation for Transgender Youth was created to provide trans and non-binary youth support to celebrate their identities in a safe and accepting environment. Their Trans Mentor Project aims to provide mentorships for transgender and non-binary youths by matching them with a mentor who is also transgender or non-binary. Thank you for joining us for the latest on mentoring and coaching!



Mentoring Programs



LifeWorks

The Los Angeles LGBT Center serves as one of the biggest organizations for the LGBTQ+ community in the world. The Center provides a number of services for LGBTQ+ individuals and families including health, social, cultural, and educational services. One of the services they offer is a mentoring program called LifeWorks. Lifeworks seeks to mentor LGBTQ+ people aged 12-24 and give them the opportunity to be matched with an adult to support them in five achievement areas: education, home, health, career, and personal development.

The mentoring program is initially a 12-month commitment between the mentor and mentee but may grow into a lifelong bond. Mentors and mentees get to meet and are also provided with a review which shows each person's academic and career background as well as hobbies and interests. In the mentoring relationship, mentors and mentees are asked to communicate for at least 3 to 4 hours a month. Mentors and mentees can choose different ways to communicate such as texting, calling, having a zoom meeting, or even meeting up in person.

The Los Angeles LGBT Center also has a scholarship program for those pursuing higher education. The program considers financial need, academic merits,

extracurricular activities, and a personal narrative. Some of the funders for the scholarship program include Comcast NBCUniversal, the Tate Renegade Thorson Memorial Scholarship, and the Edison International STEM Scholarship.

[More information here](#)

[Mentee application](#)

[Mentor application](#)

Mentoring Programs



Trans Mentor Project

The Sam & Devorah Foundation was founded in 2016 and their mission is to support trans and non-binary youth by offering programs and safe spaces where they can feel empowered and supported. The foundation was founded in the memory and honor of Sam Harel Price and the impact she had on those around her. One of the services they offer is their Trans Mentor Project.

Their Trans Mentor Project is a free national e-mentoring program for transgender and non-binary youth and young adults, ages 13-24. The program takes place online to be more inclusive of those who may lack access to in-person services. The TMP uses a mentee-centric approach to help mentees build confidence and empowers them to have a positive impact on their own lives and the lives of others. Mentors are trained in a number of topics including promoting positive youth development and empowering mentees to share their experiences with their mentors. Mentors

and mentees are matched based on criteria that mentees list as most important to them. Mentors and mentees agree to participate in the program for at least one year and meet once a week for around 45 minutes.

Check out their website to see how you or someone you know can get involved with the Trans Mentor Project!

[More information here](#)

[Vounteer here](#)

[More resources](#)

Insider's Look

Safe Is Not Enough

This month we review a book centered around LGBTQ+ experiences in educational settings and how educators can better their communities for their students.

Safe is Not Enough: Better Schools for LGBTQ Students by Michael Sadowski discusses how educators and schools can better support LGBTQ+ students in schools and create an inclusive and safe community.

Sadowski presents a framework of methods that goes beyond safety measures. Sadowski argues that outreach programs, creating an LGBTQ-inclusive curriculum, and transforming school cultures and attitudes surrounding the LGBTQ+ community are just some of the ways to actually help students.

Sadowski also discusses how LGBTQ+ identities intersect with race, gender, social class, and other social identities and how school programs can work to serve diverse student needs. Sadowski highlights examples of institutions that have been successful in creating a welcoming environment for LGBTQ+ students. Sadowski uses the example of Farrington High School in Honolulu,

Hawaii which has high population of low-income students of color. This high school collaborates with organizations within the community such as the University of Hawaii and the Boys and Girls Club to help start conversations about sexuality and gender identity.

This book is great for educators who are interested in helping the development of LGBTQ+ students and want to foster an inclusive environment within their classrooms and schools.

By: Leigh E. Fine

[Read more here](#)

[Get the book here](#)

This Month

Register for the Mentoring Institute's 15th Annual Mentoring Conference: Fostering Diverse Communities of Mentorship: Evidence-Based Practices for Reciprocal Growth. The conference will take place from Monday, October 24th, 2022, to Friday, October 28th, 2022. Check out our website to register for the conference!

The University of New Mexico
Pre-Conference Workshops
Monday, October 24th
8:00 AM - 11:00 AM | 2:00 PM - 5:00 PM (MST)

 **Coaching and Leadership Approaches to Mentoring**
Bob Garvey
The Lio Partnership
"The workshop will be delivered in 'the mentoring way' and therefore there are no pre-specified learning outcomes...We will explore a range of different approaches to coaching and leadership and consider how they may apply to mentoring work. The session will be highly interactive and participative and, hopefully, fun while we learn together."

 **How to Develop Trust in Mentoring Relationships**
Lisa Fain
Center for Mentoring Excellence
"Participants will (1) Learn the four levels of trust in mentoring. (2) Understand the different types of psychological safety. (3) Discover practical tips for trust-building in their mentoring relationships and beyond. (4) Hear and learn from real-life scenarios about trust in mentoring relationships. (5) Engage in thought-provoking and constructive dialogue to create greater insight."

 Valerie Romero-Leggott

 Eve Espey

 Nancy Kanagy

Weaving Negotiation Skills Into Mentorship
University of New Mexico
"This workshop's mentoring theme focuses on strategies for effective negotiation. The context for the workshop is the ongoing inequity in pay and opportunity for those with less effective negotiation skills and for those who are often subjects of conscious and unconscious bias—people of color and women. The didactic portion of the presentation will review strategies for negotiation illustrated through a case example; breakout groups utilize an additional case example with the opportunity for role play and debriefing discussions."



[Register today](#)

[2022 Speakers](#)

[About the conference](#)

This Month

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Plenary Speakers

 Gregory Young, Ph.D. Monday, October 24 11:00AM (MT) Montana State University	 Maria Wisdom, Ph.D. Monday, October 24 1:00PM (MT) Duke University	 Georgia Chao, Ph.D. Tuesday, October 25 11:00AM (MT) University of South Florida
 Victor Sáenz, Ph.D. Wednesday, October 26 10:00AM (MT) University of Texas	 Donald Hackmann, Ed.D. Wednesday, October 26 1:00PM (MT) University of Illinois	 Riza Kadilar, Ph.D. Thursday, October 27 11:00AM (MT) Stanford University
 Sweeney Windchief, Ed.D. Thursday, October 27 1:00PM (MT) Montana State University	 Audrey Murrell, Ph.D. Thursday, October 27 2:00PM (MT) University of Pittsburgh	 Donna Augustine-Shaw, Ed.D. Friday, October 28 11:00AM (MT) Kansas State University
 Kathleen Cowin, Ed.D. Friday, October 28 11:00AM (MT) Washington State University	 Dana Griggs, Ph.D. Friday, October 28 11:00AM (MT) Columbus State University	 Patty Horn, Ed.D. Friday, October 28 11:00AM (MT) Northern Arizona University
 Erin Dolan, Ph.D. Friday, October 28 1:00PM (MT) University of Georgia		

[Register today](#)

[2022 Speakers](#)

[About the conference](#)

This Month

The University of New Mexico

Post-Conference Workshops

Friday, October 28th

8:00 AM - 11:00 AM | 2:00 PM - 5:00 PM (MST)



Developing Critical Thinking Skills in Mentees

Brian Barnes

The Foundation for Critical Thinking

"There is no more important goal in education than cultivating the intellect...To do this, we must approach our mentees at all levels as thinkers, as persons capable of figuring things out for themselves...In this session, Dr. Brian Barnes will introduce the foundations of critical thinking essential to mentoring at all levels, coupled with application to classroom structures and strategies."



Assessment of Mentoring Programs and Relationships

Laura Lunsford

Campbell University

"This fun, interactive workshop will review case studies and participant examples to engage in learning that 'sticks'. At the end of the workshop you will be able to:

- Identify two assessment tools to improve relationships;
- Monitor activities and relationships for early interventions;
- Collect evidence to improve the program and to prepare compelling reports."



Mirna Ramos-Díaz



Fran Kochan

Mentoring Across Differences: Transforming Individuals, Relationships, Institutions, and Professions

Pacific Northwest University of Health Sciences | Auburn University

"The Workshop should be of interest to professionals in a wide variety of settings who are interested in: (1) fostering understanding across individual and or institutional environments (2) involvement of ethnic, gender, and other minorities in an institution and/or profession, (3) expanding understanding and the capacities of individuals and groups within an institution or profession to embrace differences and foster inclusive environments."



Register today

2022 Speakers

About the conference